

Maximizing my God Time

Session 1



Men's Ministry

Maximizing my God Time

Harvest Men's Ministry

Class Overview

Session 1: Bible reading and study

It is my joy to possess and read the Word of God

Introduction and overview of the class

What is a "Quiet Time"?

Group Exercise: Share your Time with God experience

The Gospel and Time with God – the right and wrong reasons to have a quiet time

Loving the Word of God

In Class Memory Exercise: Jeremiah 15:16

Scripture Reading Plans

Personal Exercise: Develop a Reading Plan

Homework Assignment 1

Resources

Session 2: Prayer

I have the privilege of speaking with my heavenly Father in prayer

Review of Session 1 and Jeremiah 15:16

Group Exercise: Results from your Reading Plan and Memorization

What is Prayer? How does God hear and respond?

In Class Memory Exercise: Proverbs 15:29

Our Relationship with God and Prayer – Psalm 139:1–6

A Brief Review of Jesus' Teaching on Prayer

Homework Assignment 2

Session 3: Memorization and Meditation

I can fill my mind with the truths of God's Word as I meditate

Review of Session 2, Jeremiah 15:16 and Proverbs 15:29

Group Exercise: Results from your Reading Plan and Memorization

Painless Memorization Techniques

In Class Memory Exercise: Psalm 119:11

What is Meditation? Is that Biblical? – Psalm 1

Personal Exercise: Short meditation on class memory verses

Homework Assignment 3

Session 4: Remembering and Sharing

I have the opportunity to build up other believers through sharing what I have received during my times with God

Review of Session 3, Jeremiah 15:16, Proverbs 15:29, and Psalm 119:11

Group Exercise: Results from your Reading Plan and Memorization

Mutual Ministry – the result of Maximizing your God Time – Ephesians 4

In Class Memory Exercise: Colossians 3:16

Journaling: Keeping a record of times with God

Personal Exercise: Journaling a response to "What are you learning?"

Ongoing Assessment

Course Summary

Maximizing my God Time
Harvest Men's Ministry

The Gospel and Time with God

Loving the Word of God

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Bible Reading Plans

For the Complete Bible

Harvest Read through the Bible in 2010:

http://www.harvestelgin.org/10425/article/article_id/193449/Read_Through_the_Bible_in_2010

ESV Bible Reading Plans: <http://www.esv.org/biblereadingplans>

New Testament History and Sampler

Luke
Acts
Romans
1 Thessalonians
1 Timothy
James
1 Peter
1 John
Revelation

Old Testament History and Sampler

Genesis
Exodus
Numbers
Joshua
Judges
1 Samuel
2 Samuel
1 Kings
2 Kings
Daniel
Ezra
Nehemiah

My Bible Reading Plan

This image shows a full page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

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Homework Assignment 1

Read Romans 12 – Out Loud – 2 times per day:

- 1 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.
- 2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.
- 3 For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned.
- 4 For as in one body we have many members, and the members do not all have the same function,
- 5 so we, though many, are one body in Christ, and individually members one of another.
- 6 Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith;
- 7 if service, in our serving; the one who teaches, in his teaching;
- 8 the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness.
- 9 Let love be genuine. Abhor what is evil; hold fast to what is good.
- 10 Love one another with brotherly affection. Outdo one another in showing honor.
- 11 Do not be slothful in zeal, be fervent in spirit, serve the Lord.
- 12 Rejoice in hope, be patient in tribulation, be constant in prayer.
- 13 Contribute to the needs of the saints and seek to show hospitality.
- 14 Bless those who persecute you; bless and do not curse them.
- 15 Rejoice with those who rejoice, weep with those who weep.
- 16 Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight.
- 17 Repay no one evil for evil, but give thought to do what is honorable in the sight of all.
- 18 If possible, so far as it depends on you, live peaceably with all.
- 19 Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord."
- 20 To the contrary, "if your enemy is hungry, feed him; if he is thirsty, give him something to drink; for by so doing you will heap burning coals on his head."
- 21 Do not be overcome by evil, but overcome evil with good.

Review In-class Memory Verse – Jeremiah 15:16:

Your words were found, and I ate them,
and your words became to me a joy
and the delight of my heart,
for I am called by your name,
O LORD, God of hosts.

Review Session 1 Theme

It is my joy to possess and read the Word of God

Work Your Plan!

Stay with it and don't get discouraged if it doesn't work out exactly as you planned